LEGAL NOTICE NO....

PHARMACY AND POISONS ACT (Cap. 244)

PHARMACY AND POISONS (CONDUCT OF CLINICAL TRIALS) GUIDELINES, 2022

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LEGAL NOTICE NO....

PHARMACY AND POISONS ACT

(Cap. 244)

IN EXERCISE of the powers conferred by section 25A (4) of the Pharmacy and Poisons Act, the Board makes the following guidelines—

PHARMACY AND POISONS (CONDUCT OF CLINICAL TRIALS) GUIDELINES, 2022

PART I—PRELIMINARIES

Citation. **1.** These Guidelines may be cited as the Pharmacy and Poisons (Conduct of Clinical Trials) Guidelines, 2022.

Interpretation.

ion. 2. In these Guidelines, unless the context otherwise requires—

"adverse drug reaction" means a noxious or unintended response to a clinical trial study or interventional product related to a dose or to a registered health product, which occurs at doses normally used in humans for prophylaxis, diagnosis, or therapy of diseases or for modification of physiological function;

"adverse event" means an untoward medical occurrence in a patient or clinical investigation study participant administered a study or intervention product, and which does not necessarily have a causal relationship with the treatment;

"applicant" means a person applying to conduct a clinical trial in accordance with paragraph 4;

"audit" means a systematic examination that is carried out independently of those directly involved in the clinical trial to determine whether the conduct of a clinical trial complies with the agreed study protocol and whether data reported are consistent with those on records at the site;

"blinding" means a procedure in which a study participant, investigators or data analyst is unaware of the treatment assignment;

"clinical trial report" means a written description of a clinical trial;

"comparator" means a health product or marketed product, active or placebo, used as a reference in a clinical trial;

"contract research organisation" means an organisation that is contracted by the sponsor to perform one or more of the duties and functions of the sponsor in the conduct of the clinical trial; "data and safety monitoring board" means an independent board that is appointed in accordance with paragraph 12;

"double blinding" means blinding which applies to a study participant, investigator and data analyst;

"ethical clearance" means an authorisation issued by an ethics committee to conduct a clinical trial;

"ethics committee" means a scientific and ethical review committee of an institution which is accredited by the National Commission for Science, Technology and Innovation in accordance with the Science, Technology and Innovation (Registration and Accreditation of Research Institutions) Regulations, 2014;

"expert advisory committee" means the expert advisory committee responsible for clinical trials that is appointed by the Board in accordance with paragraph 6;

"generic product" means a multisource health product which is intended to be interchangeable with the comparator product which is usually manufactured without a licence from the innovator company and marketed after the expiry of patent or other exclusivity rights;

"good clinical practice" means a standard for the design, conduct, performance, and monitoring, auditing, recording, analyses and reporting of clinical trials that provide assurance that the data and reported results are credible and accurate and that the rights, integrity, and confidentiality of clinical trial study participants are protected;

"good manufacturing practice" means that part of quality assurance which ensures that investigational health products are consistently produced and controlled to the quality standards appropriate to their intended use and as required by the marketing authorization;

"informed written consent" means authority given by participant voluntarily to confirm the participant's willingness to participate in a particular trial, after having been informed of all aspects of the clinical trial that are relevant to the participant's decision to participate;

"interchangeable health product" means a health product which is therapeutically equivalent to a comparator product and can be interchanged in clinical practice;

"investigational health product" means a medical device, a health technology or a pharmaceutical form of an active ingredient or placebo, being tested or used as a reference in a clinical trial, including a registered health product or technology, when used or assembled (formulated or packaged) in a way different from the registered form, or when used for an unregistered indication, or when used to gain further information about a registered use;

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"investigator" means an appropriately qualified person responsible for the conduct of a clinical trial;

"investigator's brochure" means a compilation of the clinical and nonclinical data on the investigational health product that is relevant to the clinical trial;

"legal representative" means a person authorised to issue an informed written consent, on behalf of a prospective participant, to the participant's participation in the clinical trial;

"material transfer agreement" means a written agreement entered into by a provider and a recipient of research material, aimed at protecting the intellectual and other property rights of the provider while permitting research with the material to proceed;

"minimum anticipated biological effect level" means an anticipated dose needed to result in a biological effect in participants of a clinical trial which is recommended as a useful approach to calculate the safe starting dose as the lowest dose that is active;

"monitor" means a person appointed by, and responsible to the sponsor or contract research organization, for the monitoring and reporting of progress of a clinical trial and for verification of data therefrom;

"no observed adverse effect level" means the greatest concentration or amount of a substance, found by experiment or observation, that causes no alteration of morphology, functional capacity, growth, development, or lifespan of the target organism distinguishable from those observed in normal (control) organisms of the same species and strain under the same defined conditions of exposure;

"participant" means an individual who participates in a clinical trial, either as a recipient of the investigational product or as part of the control group;

"periodic safety update report" means a report containing update safety data pertaining to a registered health product, as well as a scientific evaluation report regarding the benefits and risks of the health product;

"protocol" means a document that states the background, rationale and objectives of a clinical trial and describes its design, methodology and organisation, including statistical considerations, and the conditions under which it is to be performed and managed;

"quality assurance" means planned and systematic actions that are established to ensure that the trial is performed and the data are generated, recorded and reported in compliance with good clinical practice requirements; "quality control" means the operational techniques and activities undertaken within the quality assurance system to verify that the requirements for quality of the activities related to the clinical trial have been fulfilled;

"randomisation" means the process of assigning a participant or control group, treatment using an element of chance to determine the assignments in order to reduce bias;

"recognition" means the acceptance of the regulatory decision of another regulator or trusted institution that is based on evidence that the regulatory requirements of the reference regulatory authority are sufficient to meet the regulatory requirements of the Board;

"reliance" means taking into account and giving significant weight to the assessments performed by another regulatory authority or trusted institution, or to any other authoritative information, in reaching its own decision and involves remaining independent, responsible and accountable for the decisions taken;

"serious adverse event" means an untoward medical occurrence that at any dose results in death, is life threatening, requires hospitalization or prolongation of existing hospitalization, results in persistent or significant disability, or is a congenital anomaly or birth defect;

"single blinding" means blinding which applies to a study participant;

"source data" means information in original records and certified copies of original records of clinical findings, observations or other activities in a clinical trial necessary for the reconstruction and evaluation of the trial;

"sponsor" means a person who takes legal responsibility for the initiation, management and financing of a clinical trial;

"suspected unexpected serious adverse reaction" means serious adverse reaction that is not identified in practice, severity or frequency by the reference safety information;

"vulnerable participant" means an individual whose decision to participate in a clinical trial may be unduly influenced by the expectation of benefits associated with participation or by coercion; and

"work sharing" means the sharing of activities to accomplish a specific regulatory task.

Scope of application.

3. (1) These Guidelines shall apply to the conduct of a clinical trial for—

(a) to test an unregistered health product;

- (b) to test a registered health product where the proposed clinical trial is on the changes including but not limited to—
 - (i) the indications and clinical use;
 - (ii) the target patient population;
 - (iii) the administration thereof; or
 - (iv) the dosage regimens;
- (c) comparative bioavailability trial;
- (d) to generate data on a health product that is registered in Kenya based on recognition, reliance or a work sharing arrangement;
- (e) to establish bioequivalence for registration of a generic health product;
- (f) to identify adverse reactions;
- (g) to generate data on the absorption, distribution, metabolism and excretion of a health product; and
- (h) to conduct a post-marketing study of a registered health product including the efficacy studies monitoring resistance.
- (2) These Guidelines shall not apply to a clinical trial that—
- (a) covers randomised controlled clinical trials relating to behavioural intervention;
- (b) involves an adult participant in the use of an educational test, survey, interview, or observation of public behaviour, unless:
 - (i) the information obtained is recorded in such a manner that the participant can be identified, directly or through identifiers linked to the participant; and
- (ii) a disclosure of the responses of the participant outside the clinical trial could reasonably place the participant at risk of criminal or civil liability or be damaging to the financial standing, employability, or reputation of the participant;
- (c) involves the collection or evaluation of existing data, documents, or pathological or diagnostic specimens which are publicly available or if the information is recorded by the investigator in such a manner that the participants thereof cannot be identified, directly or through identifiers linked to the participant.

PART II—APPROVAL TO CONDUCT CLINICAL TRIAL

Application for approval to conduct clinical trial. (1) No person shall conduct a clinical trial of any health product without the written authorisation of the Board. An application to conduct a clinical trial should be made by a sponsor or his legal designate.

- (2) An application under sub-paragraph (1) shall be—
- (a) made in a duly filled and signed application form set out in the First Schedule;
- (b) accompanied by the documents specified in paragraph (3); and
- (c) accompanied by the payment of the fee specified in the Second Schedule.

(3) An application made under sub-paragraph (1) shall be accompanied by, but not limited to the following documents—

- (a) a cover letter to the Board;
- (b) the study protocol duly signed and dated by the sponsor and Principal investigator;
- (c) the proposed participant information leaflet;
- (d) the proposed informed written consent form;
- (e) the investigator's brochure;
- (f) a good manufacturing practice certificate of the investigational health product from the site of manufacture issued by a competent health authority in the jurisdiction of origin;
- (g) a certificate of analysis of the investigational health product;
- (h) a pictorial sample of the investigational health product;
- (i) the curriculum vitae of the investigator and the study pharmacist;
- (j) proof of recent training in good clinical practice for core study staff;
- (k) the charter, composition and meeting schedule of the data and safety monitoring board;
- (l) a statistical analysis plan;
- (m)a detailed budget of the study;

- (n) a recommendation from the relevant ethics committee;
- (o) a valid indemnity cover for the investigator issued by a regulated insurance agency in Kenya;
- (p) a valid insurance certificate for the participants issued by a regulated insurance agency in Kenya;
- (q) a copy of current practice licences or certificates from the relevant professional body that regulates the conduct of the investigators or study pharmacist;
- (r) a copy of the approval letter from a collaborating institution or other regulatory authority, if applicable;
- (s) a material transfer agreement, if applicable; and
- (t) declarations by the principal investigator and sponsor on-
 - (i) financial disclosure;
 - (ii) conflict of interest;
 - (iii) compliance with good clinical practice;
 - (iv) compliance with legal requirements; and
 - (v) submission of correct information.

(4) In this paragraph "core study staff" means the persons actively involved in the conduct of the clinical trial.

f 5. (1) The Board shall, through but not limited to the expert advisory committee evaluate an application submitted in accordance with paragraph 4.

(2) When conducting an evaluation under sub-paragraph (1), the Board shall consider—

- (a) the reliability and robustness of the data generated in the clinical trial;
- (b) whether the applicant has complied with the requirements concerning the manufacturing or importation of the investigational health product and any auxiliary health product connected therewith the investigational health medicinal product;
- (c) whether the applicant has complied with the labelling requirements set out in the Third Schedule;

Processing of application for approval to conduct clinical trial. (d) whether the investigator's brochure is adequate.

(3) The Board may approve or reject the application submitted in accordance with paragraph 4 specifying reasons for the rejection.

(4) The reasons for the rejection of an application by the Board under subparagraph (3) include—

(a) insufficient information provided in the application;

(b) submission of falsified information;

(c) lack of a favourable opinion from an ethics committee;

(d) if the investigational health product endangers a participant; or

(e) the safety of a participant is not guaranteed.

(f) any other reason as may be determined by the Board

(5) The Board shall communicate the decision made under paragraph (3), in writing to the applicant within thirty working days of the receipt of the application.

(6) Where a decision is made under sub-paragraph (3), the Board shall publish on its website, a list of the approved or rejected applications; and update the list biannually.

6. (1) The Board shall appoint an expert advisory committee for clinical trials which shall assist the Board in ensuring efficient processing of an application for approval to conduct a clinical trial and study oversight.

(2) The Board shall designate its staff members to assist the expert advisory committee in performing its functions.

PART III—INVESTIGATORS AND SPONSORS

Principal 7. (1) A person qualifies to be appointed as a principal investigator if that person—

- (a) has a degree in medicine, pharmacy, pharmacology, toxicology, biochemistry, dentistry or a related discipline, from a university recognised in Kenya;
- (b) has a valid practice licence from the relevant regulatory authority;
- (c) has a valid professional indemnity cover;
- (d) has had formal training in good clinical practice within two years prior to the date of the application made under paragraph 4;

Expert advisory committee for clinical trials.

- (e) has previous experience in at least two clinical trials; and
- (f) is a citizen of Kenya or is permanently resident in Kenya.
- (2) The responsibilities of the principal investigator shall be to—
- (a) thoroughly familiarise with the characteristics and appropriate use of the investigational health product;
- (b) comply with the ethical, good clinical practice and legal requirements in the conduct of the clinical trial;
- (c) enable access to the Board for the purpose of monitoring and auditing of the clinical trial or inspection;
- (d) ensure that all data from the clinical trial is accurately recorded and submitted to the Board;
- (e) maintain records of the delivery processes and health products used in the clinical trial;
- (f) maintain a record of the persons to whom the investigator has delegated duties;
- (g) be responsible for the investigational medical product at the study site; and
- (h) maintain a list of staff who conduct the clinical trial.

(3) The principal investigator shall be liable for all aspects of the conduct of the clinical trial at a clinical site.

(4) A principal investigator shall not implement any major deviation from or changes to the protocol of the clinical trial or to that specified in the participant information booklet without prior review and approval of the Board.

(5) Sub-paragraph (4) does not apply where the change involves a logistical or administrative aspect of the clinical trial, or is based on issues relating to the immediate safety of a participant.

Responsibilitie s of sponsor. 8. (1) A Sponsor shall be responsible for implementing and maintaining quality assurance to ensure that a clinical trial is conducted following Good clinical Practice requirements, the Investigational health product provided for the trial has been manufactured as per Good manufacturing practice, and data is generated, recorded and reported in compliance with good clinical practice requirements and applicable regulation. (2) A sponsor shall ensure that the clinical trial institution, contract research organisation, investigator, monitor, study pharmacist and participant have sufficient insurance cover for the clinical trial.

(3) A sponsor shall ensure that adequate treatment of a participant in case of an injury or disease occurs during the course of the clinical trial.

(4) A sponsor shall provide an up-to-date investigator's brochure and drug safety update report whenever available, but at least once in year to the Board, unless there are substantial changes to the previous version to the brochure or report.

(5) A sponsor shall appoint qualified and suitable trained individuals to monitor a clinical trial.

(6) A sponsor shall report to the Board any serious adverse events and suspected unexpected serious adverse reaction that occur during the course of the clinical trial.

(7) An immediate notification of the event referred to in sub-paragraph (6) shall be made in writing and a detailed written report within fifteen days of the event.

(8) Despite sub-paragraph (7), the Board may request for more information in cases where the adverse event is fatal or life threatening.

(9) A sponsor shall inform the Board of a voluntary suspension or termination of the clinical trial within fifteen days, and the reasons thereof.

(10) At the conclusion of a clinical trial, the sponsor shall submit—

- (a) an executive summary report clinical trial;
- (b) an annual study progress report; and
- (c) a copy of the clinical trial report,

PART IV—CONDUCT OF CLINICAL TRIALS

Adherence to **9.** (1) A clinical trial shall be conducted in compliance with the protocol approved by the Board.

- (2) A protocol submitted for approval by the Board shall contain—
- (a) the general information of the clinical trial;
- (b) the background information of the clinical trial including non-clinical data;

- (c) the objectives of the clinical trial; (d) the design of the clinical trial; (e) the selection, treatment and withdrawal of a participant; (f) the ethical considerations of the clinical trial; (g) a post-trial access program; (h) the mode of the assessment of the efficacy of the investigational health product; (i) the mode of the assessment of the safety of the investigational health product; (j) the mode for collecting, analysing and reporting the statistics of the clinical trial: (k) the source data documents of the clinical trial; and (1) the quality control measures of the clinical trial. Child 10. (1) A sponsor who intends to conduct a clinical trial where the participant. intended participant is a child shall ensure that the information in an approved participant information booklet referred to in paragraph 4(3)(c) specifies the---(a) pathophysiology of the disease or subject of the clinical trial; (b) methods of diagnosis; (c) currently available treatment or prevention strategy in the paediatric
 - (d) incidence and prevalence of the disease or subject of the clinical trial in the overall population as well as in the paediatric population;
 - (e) evidence and assumption on key differences between the disease or subject of the clinical trial in overall population as well as in the paediatric population.

(2) Prior to making an application under paragraph 4 where the intended participant is a child, a sponsor shall ensure that—

(a) the clinical trial has been conducted with a participant who was an adult;

population;

and

- (b) the objective of the clinical trial is to obtain knowledge relevant to the health needs of children;
- (c) the legal representative of each participant has been issued with the approved participant information booklet;
- (d) no financial inducement has been offered to the participant or the legal representative of a participant;

(3) When conducting a clinical trial where a participant is a child, an investigator shall ensure that the informed written consent of each participant has been obtained.

(4) The conduct of a clinical trial where a participant is a child shall ensure that the well-being of the participant is not compromised by participating in the clinical trial.

(5) The Board shall consider the following when evaluating an application made under paragraph 4 where a participant is a child—

- (a) the prevalence of the condition to be treated in the paediatric population;
- (b) the seriousness of the condition to be treated by the outcome of the clinical trial;
- (c) the availability and suitability of an alternative treatment for the condition in the paediatric population, including the efficacy and the adverse event profile of that treatment;
- (d) whether the investigational health product is novel or one of a class of compounds with known properties;
- (e) whether there are unique paediatric indications for the investigational health product;
- (f) the need for the development of a paediatric-specific endpoint;
- (g) the age ranges of the proposed paediatric patients likely to be treated with the investigative health product;
- (h) the unique paediatric or developmental safety concerns of the investigational health product, including any nonclinical safety issues; and
- (i) the potential for paediatric formulation development.

(6) An application made under paragraph 4 where a participant is a child shall specify the following information of the investigational health product—

- (a) the genotoxicity;
- (b) the reprotoxicity;
- (c) the carcinogenicity, if applicable;
- (d) the juvenile animal studies, if applicable;
- (e) the pharmacokinetics;
- (f) the absorption;
- (g) the distribution;
- (h) the metabolism;
- (i) the excretion; and
- (j) the pharmacodynamics.

Informed written consent. **11.** (1) Prior to the making an application under paragraph 4 a sponsor shall obtain a recommendation to conduct the clinical trial from the relevant ethics committee.

(2) An investigator shall submit, in writing, an approved participant information booklet to a participant or a legal representative, in either English, Kiswahili or local spoken language of the participant.

(3) If a participant, or a legal representative, is unable to read the approved participant information booklet submitted under sub-paragraph (2), an investigator shall explain to the participant or the legal representative, and in the presence of impartial witness, the information in the booklet.

(4) A participant information booklet shall contain the following information—

(a) a declaration that a clinical trial involves research activities;

- (b) the objective of a clinical trial;
- (c) the treatment that will be employed in a clinical trial;
- (d) the procedure to be followed in a clinical trial;
- (e) the responsibilities of a participant;
- (f) the aspects of the clinical trial that are experimental;
- (g) the reasonably foreseeable risks to a participant;

- (h) the reasonably expected benefits of the clinical trial, if any;
- (i) an alternative procedure or treatment available to participant and the important potential benefit and risk of the alternative;
- (j) the compensation or treatment available to the participant in the event of injury or adverse event related to the clinical trial;
- (k) that the participation in the clinical trial is voluntary and that a participant may decline to participate or withdraw from the trial, at any time, without penalty or loss of benefits to which the participant is otherwise entitled;
- (1) the anticipated payment, if any, to the participant;
- (m)the anticipated expenses, if any, of the participant;
- (n) the foreseeable circumstances or reasons under which the participation of the participant may be terminated;
- (o) the expected duration of a participant's role in a clinical trial;
- (p) the approximate number of participants involved in a clinical trial.

(5) On receipt the approved participant information booklet under subparagraph (2), a participant, or a legal representative, may submit an informed written consent to an investigator.

(6) If a participant or a legal representative, is agreeable to the information submitted under sub-paragraph (3), the investigator shall prepare an informed written consent and the participant or legal representative, and the impartial witness shall sign and dated the informed written consent.

(7) A sponsor, investigator, study pharmacist, monitor and any other person connected with the conduct of a clinical trial, shall not coerce or unduly influence a participant or a legal representative, to participate or to continue to participate in a clinical trial if the participant or legal representative has withdrawn their informed written consent.

(8) Where new information is available that would require the informed written consent of a participant, an investigator shall prepare a revised participant information booklet, submit the revised booklet for approval in accordance with paragraph 4 and thereafter submit the revised booklet in accordance with sub-paragraph (2) or inform the participant of the revised booklet in accordance with sub-paragraph (3).

(9) The Board may access to a participant's original medical records for verification of data, a procedure or treatment used in a clinical trial without violating the confidentiality of the participant, to the extent permitted by the

participant or a legal representative, specified in the informed written consent authorizing such access.

(10) The information of a participant or a legal representative, shall be kept confidential and will not be made publicly available.

(11) Where the results of a clinical trial are published, the identity of a participant shall not be disclosed.

(12) The participation of a participant in a clinical trial is voluntary and a participant may decline to participate or withdraw the informed written consent issued by the participant, at any time, without penalty or loss of benefits to which the participant is otherwise entitled.

Safety reports. **12.** (1) A sponsor shall submit a report of any suspected unexpected serious adverse reaction and serious adverse event that occurs in a clinical trial to the Board.

(2) Where a sponsor is conducting a clinical trial on the same health product or active pharmaceutical substance in another country, the sponsor shall submit a report of any suspected unexpected serious adverse reaction and serious adverse event that occurs in the clinical trial to the Board.

(3) A sponsor shall submit a report of an initially fatal or life threatening suspected unexpected serious adverse reaction or serious adverse event as soon as it occurs but not later than seven days after it occurs.

(4) Subject to sub-paragraph (3), a sponsor shall submit a report on a suspected unexpected serious adverse reaction which is not fatal or not life-threatening, within fifteen days after it occurs.

(5) A report of an occurrence of a suspected unexpected serious adverse reaction or serious adverse event shall specify—

- (a) the suspected unexpected serious adverse reaction or serious adverse event which is related the concerned clinical trial; and
- (b) the suspected unexpected serious adverse reaction or serious adverse event which is not related to the concerned clinical trial.

(6) A sponsor shall submit, at least once in a year from the date of authorisation for the conduct of the clinical trials, and throughout the conduct clinical trial, or on request by the Board, a safety report on the safety information received during the reporting period, to the Board.

(7) The safety report submitted under sub-paragraph (6) shall contain a log of a serious adverse event and suspected unexpected serious adverse reaction that occur during the clinical trial and indicate the--

- (a) age, date of the informed written consent and identity of the participant who was affected by the serious adverse event or suspected unexpected serious adverse reaction;
- (b) the type, date of commencement and end date of the serious adverse event and suspected unexpected serious adverse reaction;
- (c) the reason for reporting the occurrence as a serious adverse event or suspected unexpected serious adverse reaction;
- (d) the relation of the serious adverse event or suspected unexpected serious adverse reaction to investigational health product; and
- (e) the outcome of the serious adverse event or suspected unexpected serious adverse reaction;.

(8) A sponsor shall notify all the investigators involved in an ongoing clinical trial of any serious adverse event or suspected unexpected serious adverse reaction related to the clinical trial within fifteen days of the occurrence.

(9) A sponsor shall submit a report on any new information or change in nature, severity or frequency of risk factors for the investigational health product or conduct of clinical trial within fifteen days of the sponsor becoming aware of the information or change.

Data and safety monitoring board. 13. (1) The board shall require establishment of a Data and Safety Monitoring Board whose purpose shall be to—

- (a) assess the progress of a clinical trial;
- (b) assess the safety data of a clinical trial;
- (c) assess the critical efficacy endpoints of a clinical trial; and
- (d) recommend to the sponsor whether to continue, modify, or stop a clinical trial.
- (2) A sponsor shall appoint a data safety and monitoring board where—
- (a) the endpoint of a clinical trial is such that a highly favourable or unfavourable result, or even a finding of futility, at an interim analysis might ethically require termination of the clinical trial before its planned completion;
- (b) there are priori reasons for a particular safety concern;
- (c) there is prior information suggesting the possibility of toxicity with the treatment offered during the clinical trial;

- (d) the clinical trial is being performed in a potentially vulnerable population;
- (e) the clinical trial is being performed in a population at an elevated risk of death or other serious outcomes; or
- (f) the clinical trial is being conducted for a period exceeding three years and at multiple centres.
- (3) The composition of a data and safety board shall include—
- (a) a clinician with expertise in the relevant clinical speciality for the clinical trial;
- (b) a biostatistician who is knowledgeable about statistical methods for a clinical trial and sequential analysis of data generated from a clinical trial;
- (c) a toxicologist;
- (d) an epidemiologist;
- (e) a clinical pharmacologist; and
- (f) where a clinical trial involves an unusually high risk or broad public health implication, a medical ethicist knowledgeable about the design, conduct, and interpretation of clinical trials; and

(g) any other scientist who the sponsor deems necessary.

(4) In this paragraph "medical ethicist" means a medical practitioner or medical professional who specialises in research, moral, legal and ethical issues that arise in health care settings.

14. (1) An investigational health product shall be manufactured in accordance with the requirements of good manufacturing practices. The import, export, storage and destruction of the investigational health product should comply with the applicable regulatory requirements to ensure integrity and accountability of the products.

(2) An application for import or export of the Investigational health product shall be made to the Board and a respective permit obtained.

(3) The Board may revoke or suspend a permit issued under subparagraph (2) for the following reasons—

- (a) the investigational health product was manufactured in conditions not consistent with good manufacturing practices;
- (b) the discontinuation of the clinical trial; or

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Investigational health product.

(c) false information provided by the sponsor.

(4) The Board may authorise the disposal of an investigational health products upon written request by the sponsor or his legal representative in accordance with the Board's procedures on safe management of pharmaceutical waste.

(5) A sponsor shall submit a certificate of analysis for an investigational health product and for a comparator product when making an application under paragraph 2

(6) A sponsor shall specify the following information when making an application under paragraph 2—

- (a) the name and source of the investigational health product;
- (b) the method of manufacturing the investigational health product;
- (c) the physicochemical properties and structure elucidation of the investigational health product;
- (d) the impurities of the investigational health product;
- (e) the specifications, test methods and batch analyses of the investigational health product;
- (f) the stability and packaging of the investigational health product; and
- (g) the proposed dosage form of the investigational health product.

(7) Where the pharmaceutical or chemical properties of an investigational health product have been altered compared to those in use during animal testing or a previous clinical trial, a sponsor shall describe and justify the alteration.

(8) A sponsor shall immediately notify the Board where a pharmaceutical or chemical alteration that may affect the quality, safety or efficacy of the investigational health product occurs in an investigational health product that is used in an ongoing clinical trial.

(9) In this paragraph "comparator product" means a product of established Quality, safety and efficacy that may be used as a reference in a clinical trial or bioequivalence study.

Pharmacy at site for clinical trial **15.** (1) A sponsor shall ensure that a site on which a clinical trial is being undertaken has a designated pharmacy.

(2) The pharmacy referred to in sub-paragraph (1) shall at minimum have—

- (a) a facility and equipment that reflects the types of the procedures and treatments of the clinical trial that the investigator does;
- (b) a biosafety level cabinet, if necessary;
- (c) a controlled environment that prevents microbiological contamination and regulates the temperature; and
- (d) a designated storage area, with a quarantine area;
- (e) procedures that comply with good pharmacy practice; and
- (f) a rigorous quality management system.

(3) The designated storage area referred to in sub-paragraph (2) (d) shall—

- (a) have adequate space for different health products to be stored separately;
- (b) be temperature-controlled and, if appropriate, humidity monitored, with alarm controls;
- (c) be protected from direct sunlight; and
- (d) be mapped to identify and avoid using hot and cold spots, if necessary.

Laboratory for analysis in clinical trial.

16. (1) A sponsor shall ensure that a laboratory that carries out an activity in support of the conduct of a clinical trial is of a suitable size, construction and location to meet the requirements of the activity.

(2) A sponsor shall ensure that the design of the laboratory referred to in sub-paragraph (1) provides an adequate degree of separation of different activities of the laboratory.

(3) A sponsor shall ensure that the equipment used in the laboratory referred to in sub-paragraph (1) has valid maintenance and calibration certificates.

(4) A sponsor shall ensure that the analysis conducted in the laboratory referred to in sub-paragraph (1) is organised and conducted in such a manner that the findings therefrom are transparent and stand up to retrospective verification.

(5) A sponsor shall ensure that the roles and responsibilities of the staff of the laboratory referred to in sub-paragraph (1), are well established and documented prior to the commencement of the clinical trial. (6) A sponsor shall ensure that the laboratory referred to in sub-paragraph (1) is availed with the protocol and any amendments thereto, approved by the Board for the clinical trial.

(7) A sponsor shall ensure that the impact of any deviations from the standard operating procedures or documented policies of the laboratory referred to in sub-paragraph (1) are assessed and documented.

(8) A sponsor shall ensure that the laboratory referred to in sub-paragraph (1) does not perform any analysis on a sample from a clinical trial that is not specified in the protocol.

ty **17.** (1) A sponsor shall develop a quality assurance process that ensures that—

- (a) a research centre, researcher, sponsor, clinical research organisation and any other person involved in a clinical trial complies with good clinical practice including ensuring that;
 - (i) the study benefit outweighs risks;
 - (ii) the rights and wellbeing of a participant is maintained;
 - (iii) the clinical trial is scientifically sound and performed as per approved protocols;
 - (iv) the core study staff are adequately qualified and trained to perform respective duties;
 - (v) the confidentiality of the information of a participant is maintained; and
 - (vi) informed written consent is obtained prior to participation;
- (b) there is regular and continuous monitoring of the clinical trial and the recommendations of the report thereof are implemented;
- (c) the site on which the clinical trial is undertaken has valid registration and approval;
- (d) the safety and confidentiality of the information of a participant are not compromised;
- (e) the analysis or evaluation of a sample from the clinical trial is conducted in accordance with the principles of good clinical practice;
- (f) the analysis or evaluation of samples is performed in accordance with the protocol;

Quality assurance.

- (g) data from the conduct of the clinical trial is recorded and reported accurately, legibly, completely and in a timely manner;
- (h) all the equipment used in the conduct of the clinical trial are regularly maintained; and
- (i) the records, including source documents and final reports are well kept.

(2) A sponsor shall establish an internal audit program for the conduct of the clinical trial once approval is obtained in accordance with paragraph 5.

Termination of clinical trial.

f **18.** (1) A sponsor shall ensure that a protocol specifies the procedure for the termination of a clinical trial.

(2) If a clinical trial is terminated voluntarily by an investigator or a sponsor, the sponsor shall notify the Board of the termination of a clinical trial within fifteen days after the termination of the clinical trial.

(3) If a clinical trial is terminated under sub-paragraph (2), a sponsor shall—

- (a) immediately inform, in writing, the investigators of the termination, the reasons for the termination and advise on the potential risks to the health of a participant or other person;
- (b) if the termination is due to an adverse event, ensure that a participant receives medical care where the participant develops or experiences an adverse drug reaction to a study product; and
- (c) inform the Board, in writing, of-
 - (i) the reason for the termination;
 - (ii) the impact of the termination on the proposed or ongoing conduct of clinical trial on the investigational health product;
 - (iii) the accountability and disposal of the investigational health product; and
 - (iv) the maintenance of records of the clinical trial that has been terminated

(4) The Board may revoke the approval to conduct a clinical trial if the Board determines that—

- (a) the safety of a participant is compromised;
- (b) that the scientific reasons for conducting the trial have changed;

- (c) the investigational health product has expired; or
- (d) the investigational health product is not usable.
- (5) Where a clinical trial has been terminated, a sponsor shall—
- (a) submit executive summary report of the clinical trial to the Board within thirty days of the termination;
- (b) submit a clinical trial report within one hundred and eighty days of the termination; and
- (c) dispose of the investigational health products as per the Board's procedures on safe management of pharmaceutical waste.

PART V—MISCELLANEOUS

Amendments to protocol.

19. (1) A sponsor shall immediately submit to the Board an application for an amendment to a protocol where new information which affects the conduct of a clinical trial, safety of a participant or manufacture of the investigational health product, that renders it necessary to change the protocol is available.

(2) A sponsor shall take appropriate urgent safety measures to protect a participant against any hazard where an occurrence referred to on sub-paragraph (1) is likely to affect the safety of the participant.

(3) An application made under sub-paragraph (1) shall be accompanied by a copy a recommendation from the relevant ethics committee.

(4) A sponsor shall make an application under sub-paragraph (1) where the proposed amendment includes but not limited to—

(a) a change that may affect—

- (i) the safety or physical or mental integrity of a participant;
- (ii) the scientific value of a clinical trial;
- (iii) the conduct or management of a clinical trial;
- (iv) the quality or safety of the investigational health product;
- (v) an objective of the clinical trial;
- (vi) a primary or secondary endpoint of the clinical trial;
- (vii) the addition of a trial arm or placebo group;
- (viii) an inclusion or exclusion of a criterion of the clinical trial;

- (ix) the monitoring of the clinical trial;
- (x) a data and safety monitoring board;
- (xi) an alternative to an investigational health product;
- (xii) the dosage of an investigational health product;
- (xiii) the mode of administration of an investigational health product;
- (xiv) a design of the clinical trial which has an impact on statistical analysis or the risk-benefit assessment of the clinical trial;
- (xv) an alternative to the sponsor;
- (xvi) the revocation or suspension of the registration of the investigational health product;
- (xvii) the manufacturing process or specifications of an active substance or the investigational health product;
- (xviii) the reference safety information during the conduct of a clinical trial;
 - (xix) the site for the conduct of the clinical trial; or
 - (xx) an alternative to an investigator;
- (b) a change that may affect the selection or discontinuation of a participant;
- (c) a change that may affect the effectiveness of a product and safety of a participant; or
- (d) a change that may affect the duration of a clinical trial.
- (5) An application made under sub-paragraph (1) shall specify—
- (a) the proposed amendment;
- (b) the justification for the proposed amendment;
- (c) the impact of the proposed amendment on the objective of the clinical trial;
- (d) the impact of the proposed amendment on the endpoints and data generated from the conduct of the clinical trial; and

(e) the impact of the proposed amendment on the safety and wellbeing of a participant.

(6) An application for amendment shall be accompanied by a favourable opinion by an Ethics Committee and applicable fees as may be prescribed by the Board.

20. (1) The Board shall conduct an inspection of a site on which a clinical trial is conducted.

(2) The objectives of an inspection conducted under sub-paragraph (1) shall be—

- (a) to ensure that a participant is not subjected to undue risks and ensure the rights, safety and wellbeing of the participants are protected;
- (b) to validate the quality of the data generated;
- (c) to investigate a complaint; and
- (d) to assess the compliance of a sponsor with the Act and these Guidelines.

(3) An investigator shall upon request from the Board, at reasonable times, permit the Board to have access to, and copy and verify any records or reports made by the investigator when conducting the clinical trial.

(4) An inspection may be conducted before the commencement of a clinical trial, or as a routine at the intervals prescribed by the Board.

(5) The Board may carry out a routine inspection referred to in subparagraph (4) to assess among others—

- (a) the adequacy of study the protection measures for a participant;
- (b) the integrity of the data; or
- (c) the historical background of the site for a conduct of the clinical trial, a sponsor or an investigator.

(6) Any non-compliances noted at inspection are liable to legal action as may be prescribed by the Board.

Clinical trial involving traditional or alternative medicine.

Inspection of

conducting clinical trial.

site for

21. (1) A sponsor shall ensure that good clinical practice is applied when conducting a clinical trial involving traditional and alternative medicine.

(2) A sponsor shall ensure that a traditional medicine practitioner familiar with the traditional and alternative medicine proposed for investigation develops the protocol.

Online registry 22. Applications for conduct of clinical trials shall be registered on the for clinical Board's online registry. trials. Clinical trials 23. (1) The Board shall under specific circumstances provide guidance in special on conduct of clinical trials under fast-track procedures or non-routine circumstances procedures through formulation of applicable documents. (2) The circumstances referred to in sub-paragraph (1) include— (a) a public health emergency; or (b) a pandemic. (c) Any other circumstance as may be determined by the Board Reliance and 24. The Board may recognise and use of clinical trial decisions, reports recognition. or information from other competent authorities in regulation of clinical trials. Offences and **25.** Any person that contravenes these regulations commits an offence. penalties.

FIRST SCHEDULE FORMS

Application for Approval to Conduct Clinical Trial

Study Title:	
Protocol No:	
Version No:	Date of Protocol:
Study Drug:	
ECCT Ref number (if applicable):	
Sponsor:	
Contact Person:	
Address:	
Telephone Number:	Fax Number:
Cell Number:	E-mail address:

TICK AND PROVIDE NECESSARY DETAIL	LS AS
APPROPRIATE	
2. NUMBER OF SITES	
Single site in Kenya:	
yes □ no □	
If yes, name of	
site	
Multiple sites in Kenya:	
yes \square no \square	
Number of sites anticipated in Kenya	()
If yes list the	
sites	
Multiple countries:	
yes \square no \square	
Number of states anticipated in the trial	()
If was above list the	
If yes above list the	
countries	
Desg this trial have a data monitoring committe	a^{9} was $=$ ma $=$
Does this trial have a data monitoring committe	
3. PARTICIPANTS (SUBJECTS)	
3.1 Number of participants in Kenya:	
3.2 Total enrolment in each Kenyan site: (if com	netitive enrolment
state minimum and maximum number per site.)	
state minimum and maximum number per site.)	
3.3 Total participants worldwide:	
bib Town participants worrawide.	
4.0 AGE SPAN	
Less than 18 years	
yes □ no □	

If yes specify: In Utero yes \Box no \Box Preterm Newborn Infants (up to gestational age < 37 weeks) yes \square no \square Newborn (0-28 days) yes □ no □ Infant and toddler (29 days - 23 months) yes □ no □ Children (2-12 years) yes □ no □ Adolescent (13-17 years) yes □ no □ 18 years and over yes □ no □ Adult (18-65 years) yes □ no □ Elderly (> 65 years) yes □ no □ **5.0 GROUP OF TRIAL SUBJECTS**

Healthy volunteers
yes □ no □
Patients
yes □ no □
Specific vulnerable populations
yes □ no□
Women of child bearing potential
yes 🗆 no
Women of child bearing potential using contraception
yes □ no □
Pregnant women
yes □ no□
Nursing women
yes □ no□
Emergency situation
yes □ no□
Subjects incapable of giving consent personally
yes □ no□
If yes, specify :
Others :
yes □ no□
If yes, specify
6.0 GENDER

Female

Male

7.0 CO-ORDINATING INVESTIGATOR (for multicentre trials in Kenya)

Given name Middle name, if applicable Family name Qualification Professional address:

8.0 PRINCIPAL INVESTIGATOR (for multicentre trial; where necessary, use additional forms)

Given name

Middle name, if applicable

Family name

Qualification

Professional address

9.0 ORGANISATIONS TO WHOM THE SPONSOR HAS TRANSFERRED TRIAL RELATED DUTIES AND FUNCTIONS (repeat as needed for multiple organisations)

Has the sponsor transferred any major or all the sponsor's trial related duties and functions to another organisation or third party?

yes \square no \square

Repeat as necessary for multiple organisations:

Organisation :

Name of contact person :

Address:

Telephone number :

All tasks of the sponsor
yes □ no □
Monitoring
yes □ no □
Regulatory (e.g. preparation of applications to CA and ethics committee) yes \Box no \Box
Investigator recruitment
yes □ no □
IVRS – treatment randomisation
yes □ no □
Data management
yes □ no □
E-data capture
yes □ no □
SUSAR reporting
yes □ no □
Quality assurance auditing
yes □ no □
Statistical analysis
yes □ no □
Medical writing
yes □ no □
Other duties subcontracted
yes □ no □
If yes to other please specify:
10.0 PRINCIPAL INCLUSION CRITERIA

List	them	here;
LISU	uncin	nere,

11.0 PRINCIPAL EXCLUSION CRITERIA

List them here;

12.0 PRIMARY END POINT(S):

List them here;

13.0 SCOPE OF THE TRIAL – Tick all boxes where applicable

	11	
Diagnosis		
Prophylaxis		
Therapy		
Safety		
Efficacy		
Pharmacokinetic		
Pharmacodynamic		
Bioequivalence		
Dose Response		
Pharmacogenetic		
Pharmacogenomic		
Pharmacoeconomic		
Others		
If others, specify:		
14.0 TRIAL TYPE AND PHASE		

Human pharmacology (Phase I)	
Is it:	
First administration to humans	
Bioequivalence study	
Other :	
If other, please specify	
Therapeutic exploratory (Phase II)	
Therapeutic confirmatory (Phase III)	
Therapeutic use(Phase IV)	
yes □ no □	
If yes, specify: Randomised	
yes □ no □ Open :	
yes □ no □	
Single blind :	
yes □ no □	
Double blind:	
yes □ no □	
Parallel group:	
Parallel group: yes □ no □	

yes □ no □ Other : yes □ no □ If yes to other specify: If controlled, specify the comparator: Other medicinal product(s) yes □ no □ Placebo yes □ no □ Other yes □ no □ If yes to other, specify : 16.0 INFORMATION ON PLACEBO (if relevant; repeat as necessary) Is a there a placebo: yes □ no □ Pharmaceutical form : Route of administration : Composition, apart from the active substance(s): Is it otherwise identical to the INDP? yes \square no \square If not, specify major ingredients : 17.0 Details of Site(s)

Name of site

Physical address

Contact details

Contact person:

18.0 Capacity of Site(s):

Number of staff (including study co-ordinators, site facilities, emergency facilities, other relevant infrastructure):

Names: Qualifications: Experience:

19.0 OTHER DETAILS

19.1 If the trial is to be conducted in Kenya and not in the host country of the applicant / sponsor, provide an explanation:

19.2 Estimated duration of trial:

19.3 Name other Regulatory Authorities to which applications to do this trial have been submitted, but approval has not yet been granted. Include date(s) of application:

19.4 Name other Regulatory Authorities which have approved this trial, date(s) of approval and number of sites per country:

19.5 If applicable, name other Regulatory Authorities or Ethics Committees which have rejected this trial and give reasons for rejection:

19.6 If applicable, details of and reasons for this trial having been halted at any stage by other Regulatory Authorities:

SECOND SCHEDULE FEES

	Purpose of Fees	Amount (Kshs.)
1.	Application for Approval to	110,000
	Conduct Clinical Trial	

THIRD SCHEDULE

LABELLING REQUIREMENTS

(p. 5(2)(c))

The final copy of the label of an investigational health product shall contain the following minimum information—

- (a) a statement indicating that the product is for "clinical trial purpose only";
- (b) the recommended storage conditions;
- (c) the protocol code or identification;
- (d) the name, address and telephone number of the sponsor, contract research organisation or investigator;
- (e) the pharmaceutical dosage form, route of administration, quantity of dosage units, and in the case of open trials, the identifier and the potency;
- (f) the batch and code number;
- (g) a clinical trial reference code allowing identification of the clinical trial, site, investigator and sponsor, if not given elsewhere;
- (h) the identification number or treatment number and, where relevant, the visit number of a participant;
- (i) the directions for use;
- (j) the period of use in month and year format and in a manner that avoids any ambiguity; and
- (k) the complete physical address of the manufacturing site.

Chairperson Pharmacy and Poisons Board